



2026 CALENDAR

Workplace Health & Safety Education Sessions

Most recent update: March 2, 2026

The Workers Compensation Board (WCB) of PEI offers education sessions to workers, employers and to the public to support building healthy and safe workplaces across Prince Edward Island.

These sessions offered in person are **FREE**. In addition, self-paced online courses and pre-recorded webinars are available to watch anytime, anywhere! Private sessions for your workplace can also be arranged and are also free of charge.

Email or give us a call to discuss workshops that you would be interested in hosting at your workplace: ohs@wcb.pe.ca or 902-368-5697.

Check out our website for additional information on all things workplace health and safety wcb.pe.ca


LIVE VIRTUAL SESSIONS

If you're interested in requesting a virtual session, please email us at ohs@wcb.pe.ca or call 902-368-5697. An OHS Education Consultant will reach out to you to schedule a session at your convenience.

ONLINE COURSES AND PRE-RECORDED WEBINARS

The WCB offers the following self-paced online courses and pre-recorded webinars. They provide a convenient option for orientating new employees, educating safety committees or enhancing the company safety culture by promoting workplace health and safety.

Courses and webinars can be viewed anytime, anywhere!

 See links on the next page for our self-paced online courses and pre-recorded webinars. 

SELF-PACED ONLINE COURSES	PRE-RECORDED WEBINARS
Hazard Assessment and Control	Young Worker Safety: Changing the Culture
Joint Occupational Health and Safety Committees	Workplace Safety for Supervisors
Supervisor Safety	Health and Safety Committee Basics
Work Disability Management	Workplace Harassment Regulations
Workplace Safety for Young Workers	
Developing a Respiratory Protection Program	
Ergonomics	
Hearing Conservation Programs	

IN-PERSON SESSIONS

For in-person sessions, **registration is required by emailing ohs@wcb.pe.ca or by calling 902-368-5697.** Upon registration, participants will receive a calendar invitation with event details. Space is limited so make sure to register early.

↓ For dates and workshop descriptions, please see pages 3 to 9. ↓



IN-PERSON SESSIONS			
SESSION TOPIC	DATE	TIME	LOCATION
Identifying and Controlling Hazards	March 10, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
Occupational Health and Safety (OHS) Basics	March 12, 2026	9:00 to 12:00 p.m.	Montague - Rural Action Centre 540 Main Street
Occupational Health and Safety (OHS) Basics	March 12, 2026	9:00 to 12:00 p.m.	Alberton – Rural Action Centre 455 Main Street
Occupational Health and Safety (OHS) Basics	March 17, 2026	9:00 to 12:00 p.m.	Summerside - CBDC Central PEI 11 Water Street, Summerside
Supervisor Safety	March 24, 2026	9:00 to 12:00p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
Health and Safety Committees & Safety Leadership	March 25, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
OHS Essentials for Seasonal Businesses	April 2, 2026	9:00 to 12:00 p.m.	Eliyahu Wellness Centre 20 Recreation St., North Rustico
Psychological Health and Safety in the Workplace	April 7, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
IN-PERSON SESSIONS			
SESSION TOPIC	DATE	TIME	LOCATION
OHS Essentials for Seasonal Businesses	April 9, 2026	9:00 to 12:00 p.m.	Montague - Rural Action Centre 540 Main Street
OHS Essentials for Seasonal Businesses	April 9, 2026	9:00 to 12:00 p.m.	Alberton – Rural Action Centre 455 Main Street
Occupational Health and Safety (OHS) Basics	April 14, 2026	9:00 to 12:00 p.m.	Summerside - CBDC Central PEI

			11 Water Street, Summerside
Safety Programs	April 21, 2026	9:00 to 12:00p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
Supervisor Safety	May 12, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
Young and Vulnerable Worker	May 13, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
Safety Orientation Responsibilities	May 14, 2026	9:00 to 12:00 p.m.	Alberton – Rural Action Centre 455 Main Street
Safety Orientation Responsibilities	May 26, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
Safety Orientation Responsibilities	May 28, 2026	9:00 to 12:00 p.m.	Montague - Rural Action Centre 540 Main Street
Supervisor Safety	June 4, 2026	9:00 to 12:00 p.m.	Montague - Rural Action Centre 540 Main Street
Young and Vulnerable Workers	June 9, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
Supervisor Safety	June 11, 2026	9:00 to 12:00 p.m.	Alberton – Rural Action Centre 455 Main Street
Health and Safety Committees & Safety Leadership	June 16, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
IN-PERSON SESSIONS			
SESSION TOPIC	DATE	TIME	LOCATION
Supervisor Safety	September 15, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
Identifying and Controlling Hazards	September 17, 2026	9:00 to 12:00 p.m.	Alberton – Rural Action Centre 455 Main Street

Identifying and Controlling Hazards	September 24, 2026	9:00 to 12:00 p.m.	Montague - Rural Action Centre 540 Main Street
Psychological Health and Safety in the Workplace	September 29, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
Young and Vulnerable Workers	October 8, 2026	9:00 to 12:00 p.m.	Alberton – Rural Action Centre 455 Main Street
Workplace Harassment and Violence	October 13, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
Health and Safety Committees & Safety Leadership	October 15, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
WCB Claims	October 22, 2026	9:00 to 10:30 a.m.	Montague - Rural Action Centre 540 Main Street
Safety Programs	October 27, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
Young and Vulnerable Workers	November 5, 2026	9:00 to 12:00 p.m.	Montague - Rural Action Centre 540 Main Street
Psychological Health and Safety in the Workplace	November 5, 2026	9:00 to 12:00 p.m.	Alberton – Rural Action Centre 455 Main Street
Occupational Health and Safety (OHS) Basics	November 10, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
Psychological Health and Safety in the Workplace	November 19, 2026	9:00 to 12:00 p.m.	Montague - Rural Action Centre 540 Main Street
IN-PERSON SESSIONS			
SESSION TOPIC	DATE	TIME	LOCATION
Psychological Health and Safety in the Workplace	November 24, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown
Identifying and Controlling Hazards	December 1, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex, suite 100 18 Queen Street, Charlottetown

WCB Claims	December 3, 2026	9:00 to 10:30 a.m.	Alberton – Rural Action Centre 455 Main Street
Supervisor Safety	December 15, 2026	9:00 to 12:00 p.m.	Delta Hotel Complex 18 Queen Street, Charlottetown

Thank you to our partners, the Rural Action Centres and CBDC Central PEI, for the use of their facilities in Alberton, Summerside and Montague!



WORKPLACE HEALTH & SAFETY EDUCATION SESSIONS - in alphabetical order

Health and Safety Committee Basics & Safety Leadership

Did you know that workplaces with 20 or more workers must have a safety committee? This committee is a team of workers and employer representatives collaborating to promote health and safety in the workplace. This session will equip participants with the essential knowledge to establish and maintain a safety committee in compliance with PEI’s *Occupational Health and Safety Act*. In addition to exploring safety committees, the session will highlight the key role of leadership in fostering a strong safety culture.

Participants will also learn how effective safety leadership can inspire engagement, drive accountability, and reinforce safe practices across all levels in the workplace.

Identifying and Controlling Hazards

Identifying and controlling workplace hazards is crucial for maintaining a safe and healthy work environment. This session aims to equip participants with the knowledge to systematically identify, assess, and implement controls for workplace hazards, making sure compliance with the *Occupational Health and Safety Act* in PEI. Participants will also learn practical methods for recognizing, evaluating, and documenting hazards, as well as strategies to effectively mitigate risks and maintain a safer workplace.

Occupational Health and Safety (OHS) Basics

Join us for an engaging and informative overview of the core principles of OHS legislation in Prince Edward Island. This session is tailored to provide participants with a deep understanding of PEI's regulatory framework, empowering participants with essential knowledge of their rights and responsibilities within the workplace. Whether you're an employer, supervisor, or worker, this session offers valuable takeaways to enhance workplace safety for everyone. Don't miss this opportunity to navigate the intricate landscape of OHS legislation in PEI.

Occupational Health and Safety (OHS) Essentials for Seasonal Businesses

Do you operate a seasonal business in PEI? This is your opportunity to learn or review employer and supervisor responsibilities under the Occupational Health and Safety Act in; what to do for worker orientation, training and supervision; safety solutions for managing young, new and vulnerable workers; worker safety responsibilities; prevention of workplace harassment and violence, first aid requirements; preventing workplace hazards; and, fostering a workplace safety culture that protects the psychological wellbeing of workers. This workshop is for seasonal business owners, employers and supervisors.

Psychological Health and Safety in the Workplace

Worker health is essential for organizational success, impacting motivation, attendance, and the prevention of workplace incidents. This session goes beyond physical safety to redefine safety by including mental well-being. It recognizes that a healthy mind is as important as a healthy body in creating a safe workplace environment. Join us to explore the holistic dimensions of safety and learn how promoting both physical and mental health contributes to a thriving and resilient workforce.

Safety Orientation Responsibilities

Worker orientation plays a crucial role in maintaining workplace safety, ensuring compliance with the occupational health and safety standards and fostering a strong safety culture. This session will cover the key components of creating and implementing effective safety orientation programs for new employees. Participants will learn about the legal requirements, worker rights, supervisor responsibilities, the importance of maintaining training records, and best practices to improve orientation and training processes.

Safety Programs

Running a workplace with 20 or more employees and need to get your safety program on track? This session provides PEI employers with simple and practical guidance to build a compliant Occupational Health and Safety (OHS) program. With the knowledge from this session, you'll have the tools and confidence to create a safety program that protects your workers and workplace, and which meets PEI's OHS legislation.

Supervisor Safety

Supervisors play a vital role in maintaining workplace health and safety. As leaders who guide and oversee the work of others, they have a unique ability to influence and strengthen the workplace safety culture. This session will introduce participants to the concept of due diligence and inform them of the legal responsibilities' supervisors have for worker safety. Additionally, it will explore the importance of health and safety orientation in fostering a safe workplace. Topics will include employer responsibilities related to orientation, the benefits of a well-structured onboarding process, practical strategies for developing and delivering effective orientations, and key components that should be included.

Workplace Harassment and Violence

Workplace harassment can undermine a person's dignity and well-being. When left unaddressed, it can result in negative outcomes for the workplace, such as absenteeism, stress, and decreased morale. This session will introduce participants to the Workplace Harassment Regulations and outline the employer and workers' responsibilities in creating a harassment-free workplace.

Young and Vulnerable Workers

Whether they realize it or not, it's largely employers and supervisors who determine the general culture, as well as the health and safety culture of a workplace. For young and new workers, learning how to do your job well is a great first step in preventing workplace injury as, chances are, they probably haven't thought about the different ways at work they can be injured. The reality is

that what you don't know CAN hurt you! Participants will learn about the significant influence supervisors can have on young and new workers' safety, and how employers and supervisors might capitalize on this. In this session, participants will hear what PEI workers say about their hesitation to raise their workplace safety concerns, and what they can do to encourage workers to speak up.

WCB Claims

Employers are invited to join us for an in-depth overview of the WCB claims process. In this workshop, we'll cover everything from the employer's responsibilities when work-related incidents happen, best practices to implement for the duration of a claim and returning to work. This session will provide valuable information on how to navigate claims effectively.